



## Low Impact Activities

Want a fun group activity that is casual, relaxing & fun? The Inn at Middletown also works with a variety of local companies that host low impact activities for your group to enjoy one another and creating bonding work relationships!

**Lady Katherine Cruise** – explore the Connecticut River with a scenic river cruise aboard Lady Katherine! You will be sure to enjoy historic landmarks, birdlife, and picturesque sites along the river banks.

**Arrigoni Winery** – this winery's rustic charm is surely a relaxing place to try and discover new local wines! Hang in the tasting room, or on the patio or under the covered pavilion with your wine, and enjoy friendly conversation with one another.

**Stubborn Beauty Brewery** – discover delicious craft beer at Stubborn Beauty, an innovative and creative local brewery. Head over for a tasting with your team or fill up a growler to take home!

**Main Street Dine Around** – Discover the many international cuisines and restaurants Main Street Middletown has to offer! From Italian, to Thai, to Mexican, each restaurant is sure to offer great food and fun environments for your group. Create your own "tour" with stops at multiple restaurants, one for drinks and appetizers, another for your main entrée, and one more for dessert!