



Coffee Break Selections

All Refreshment Breaks are based on Half Hour Intervals.

THE QUICK FIX

Freshly Brewed Coffee, Decaffeinated Coffee, Herbal Tea Assortment,
Assorted Soft Drinks and Hot Chocolate or Iced Tea (Seasonal)

HEALTHY TIME

Seasonal Sliced Fruit with Honey Yogurt Dip, Assorted Nutra® Grain Bars,
Chilled Fruit Juices and Assorted Snapple

SPORTS BREAK

Warm Soft Pretzels with Mustard Dipping Sauce,
Miniature Franks wrapped in Puff Pastry, Cracker Jacks® and Smartfood,
Assorted Soft Drinks

COOKIE BREAK

Freshly Baked Gourmet Cookies and Moist Brownies,
Freshly Brewed Coffee, Decaffeinated Coffee, Herbal Tea Assortment,
Assorted Soft Drinks and Ice Cold Milk

SNACK ATTACK

Crispy Potato Chips with Dip, Warm Soft Pretzels with Mustard Dipping Sauce,
Tortilla Chips with Salsa and Assorted Soft Drinks

COLD STONE CREAMERY

Make Your Own Sundae: Assortment of Ice Cream, Toppings: Oreo Cookie Pieces,
M&Ms, Sprinkles, Whip Cream, Cherries, Butterscotch and Chocolate Toppings.

All Items Subject to 22% Service Charge and 6% Sales Tax

INN at MIDDLETOWN • 70 MAIN STREET • MIDDLETOWN, CONNECTICUT 06457 • (860) 854-6300

September 2010



Executive Meeting Package Tier 1

(All Three Breaks are included in Your Package)

– EARLY MORNING –

Sliced Seasonal Fresh Fruit Display with Seasonal Berries, Assorted Breakfast Breads, Danish, Coffee Cake, Muffins, Scones and Croissants, Assorted Bagels with Cream Cheese
Chilled Fruit Juices, Freshly Brewed Coffee, Decaffeinated Coffee and Herbal Tea Assortment

– MID-MORNING REFRESH –

Freshly Brewed Coffee, Decaffeinated Coffee and Herbal Tea Assortment

– AFTERNOON BREAK –

Freshly Baked Cookies and Brownies, Assorted Soft Drinks, Ice Cold Milk,
Freshly Brewed Coffee, Decaffeinated Coffee and Herbal Tea Assortment

Executive Meeting Package Tier 2

(All Three Breaks and Lunch are included in Your Package)

– EARLY MORNING –

Sliced Seasonal Fresh Fruit Display with Seasonal Berries, Assorted Breakfast Breads, Muffins, Scones and Croissants, Assorted Bagels with Cream Cheese, Chilled Fruit Juices,
Freshly Brewed Coffee, Decaffeinated Coffee and Herbal Tea Assortment

– MID-MORNING REFRESH –

Freshly Brewed Coffee, Decaffeinated Coffee and Herbal Tea Assortment

– EXECUTIVE DELI LUNCH BUFFET –

Chef's Soup of the Day
Mesclun Greens with Assorted Dressings
Crisp Potato Chips
Assortment of Sliced Meats and Cheeses
Selection of Sandwich Condiments
Kaiser Rolls, Whole Wheat, White and Rye Breads
Chef's Selection of Dessert
Freshly Brewed Coffee, Decaffeinated Coffee, Herbal Tea Assortment and Assorted Sodas

Add Tuna Salad with Fresh Cilantro, Chicken Waldorf Salad or

Egg Salad with Fresh Dill

Add Shrimp Salad

Add Lobster Salad with Fresh Tarragon

– AFTERNOON BREAK –

Freshly Baked Cookies and Brownies, Assorted Soft Drinks, Ice Cold Milk,
Freshly Brewed Coffee, Decaffeinated Coffee and Herbal Tea Assortment

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