



HOT PLATED LUNCHEONS

All Luncheon Entrees are served with Your Choice of Appetizer and (where appropriate) with Chef's Selection of Starch and Seasonal Fresh Vegetables, Warm Rolls and Butter, Dessert, and Freshly Brewed Coffee, Decaffeinated Coffee and Herbal Tea Assortment

Appetizers & Salads

(Please Choose One)

Seasonal Fresh Fruit • Garden Salad • Caesar Salad
Armory Creamy Clam Chowder • Five Onion Soup

Entrée

(Please Pre-Order no more than two selections. If multiple entrees are requested, and there is a price discrepancy between the two entrees, the higher price will prevail for all entrees chosen.)

SAUTEÉD BREAST OF CHICKEN

Wild Mushroom, Tomato and Garlic Cream Sauce

SESAME CRUSTED FILLET OF SALMON

Soy Ginger Butter

GRILLED BREAST of CHICKEN

Roasted Shallots Lemon Thyme Butter Sauce

SEARED SALMON

Pomegranate Cumin Glaze & Toasted Pistachios

OVEN ROASTED BREAST OF CHICKEN

Sautéed Baby Spinach and Toasted Pine Nut
Chardonnay Reduction Sauce

PAN SEARED MAHI MAHI

Mandarin Orange Mojo, a Caribbean Blend of Onions,
Garlic and Fresh Squeezed Juices

GRILLED SWORDFISH

Basil Coconut Red Curry Sauce

ALMOND CRUSTED TILAPIA

Tomatoes, Olives, Garlic, Lemon and Olive Oil

OVEN ROASTED SWORDFISH

Sun Dried Tomato, Olive and Rosemary Butter

GRILLED CENTERCUT PORK LOIN CHOP

Mango Chutney & Rum Glazé

BAKED WHITE FISH

Fresh Crabmeat and Chesapeake Spice Butter Sauce

ROLLED STUFFED EGGPLANT

Ricotta Cheese Filled and Fresh Basil Marinara

SOUTHWEST FLAT IRON STEAK

Fire Roasted Peppers and Corn with Chipolte Butter

Dessert Selections

(Please Choose One)

New York Style Cheesecake • Carrot Cake
Chocolate Raspberry Cake • Chocolate Decadence

UPGRADE YOUR DESSERT SELECTIONS

Mixed Berry Shortcake • Molten Chocolate Cake • Key Lime Pie
White Chocolate Mousse Cake • Tiramisu • Bittersweet Chocolate Cake

All Items Subject to 22% Service Charge and 6% Sales Tax

INN at MIDDLETOWN • 70 MAIN STREET • MIDDLETOWN, CONNECTICUT 06457 • (860) 854-6300

September 2010



COLD PLATED LUNCHEONS

All Luncheon Entrees are served with Your Choice of Appetizer and (where appropriate) are served with Chef's Selection of Starch and Seasonal Fresh Vegetables, Warm Rolls and Butter, Dessert, Freshly Brewed Coffee, Decaffeinated Coffee and Herbal Tea Assortment.

Appetizers & Salads

(Please Choose One)

Seasonal Fresh Fruit • Garden Salad • Caesar Salad
The Armory Creamy Clam Chowder • Five Onion Soup

Entrée

(Please Pre-Order no more than two selections. If multiple entrees are requested, and there is a price discrepancy between the two entrees, the higher price will prevail for all entrees chosen.)

GRILLED CHICKEN SALAD

Mesclun Greens and Fresh Vegetable
Toppings with Assorted Dressings

ARMORY CHEF'S SALAD

Smoked Ham and Turkey
Swiss and Aged Cheddar Cheeses
with Assorted Dressings

TURKEY BLT WRAP

Sliced Turkey, Country Bacon and Swiss
Cheese, Lettuce, Tomatoes and Pickles,
Spinach Tortilla Wrap and Pasta Salad

DELI WRAP

Roast Beef, Smoked Ham, Turkey
and Swiss Cheese, Lettuce, Tomato and
Pickles, Tomato Tortilla Wrap
and Pasta Salad

ROAST TURKEY SANDWICH

Lettuce, Tomatoes and Pickles,
Cranberry Nut Bread and Pasta Salad

LOBSTER TARRAGON SALAD

Mesclun Greens and Fresh Vegetable
Toppings with Assorted Dressings

Dessert Selections

(Please Choose One)

New York Style Cheesecake • Carrot Cake
Chocolate Raspberry Cake • Chocolate Decadence

UPGRADE YOUR DESSERT SELECTIONS

Mixed Berry Shortcake • Molten Chocolate Cake • Key Lime Pie
White Chocolate Mousse Cake • Tiramisu • Bittersweet Chocolate Cake

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LUNCHEON BUFFETS

DELI EXPRESS BUFFET

(Minimum of 20 Guests for Buffet Service)

Chef's Soup of the Day
Mesclun Greens with Assorted Dressings
Crisp Potato Chips
Assortment of Sliced Meats and Cheeses
Selection of Sandwich Condiments
Kaiser Rolls, Whole Wheat, White and Rye Breads
Cookies and Brownies
Freshly Brewed Coffee, Decaffeinated Coffee,
Herbal Tea Assortment and Assorted Sodas

**Add Tuna Salad with Fresh Cilantro,
Chicken Waldorf Salad or Egg Salad with Fresh Dill**

Add Shrimp Salad

Add Lobster Salad with Fresh Tarragon

ASSORTED WRAP BUFFET

(Minimum of 20 Guests for Buffet Service)

Chef's Soup of the Day
Mesclun Greens with Assorted Dressings
Fresh Fruit Salad
Assorted Wrap Sandwiches:
Grilled Chicken Caesar Wrap
Grilled Vegetable Wrap with Hummus
Roast Beef with Horseradish Sour Cream
Cookies and Brownies
Freshly Brewed Coffee, Decaffeinated Coffee,
Herbal Tea Assortment and Assorted Sodas

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HOT ARMORY LUNCHEON BUFFET

Hot luncheon buffets are accompanied by the Chef's Selection of Starch and Seasonal Fresh Vegetables, Warm Rolls and Butter, Freshly Brewed Coffee, Decaffeinated Coffee and Herbal Tea Assortment.

(Requires a Minimum of 25 Guests)

SOUP & SALADS

(Please Choose Two)

Chef's Soup of the Day • Pasta Salad • Fresh Fruit Salad

Garden Salad with Assorted Toppings and Dressings

HOT ENTREES

Sautéed Breast of Chicken with Lemon Wine Sauce

Breast of Chicken with Rosemary and Lemon Rub

Grilled Breast of Chicken with Wild Mushrooms and Tomato in a Garlic Cream Sauce

Grilled Breast of Chicken roasted Shallots Lemon Thyme Butter Sauce

Oven Roasted Breast of Chicken Sautéed Baby Spinach and Toasted Pine Nut Chardonnay
Reduction Sauce

Roast Pork Loin Mango Chutney & Rum Glazé

Tenderloin Tips of Beef with Wild Mushroom Brandy Sauce

Grilled Vegetable Lasagna

Rolled Stuffed Eggplant, Ricotta Cheese Filling and Fresh Basil Marinara

Pasta Primavera, Fresh Garden Vegetables in a Garlic and Parmesan Cream Sauce

Baked Scrod with a Cracker Crumb Topping and Fresh Lemon Butter Sauce

Rolled Fillet of Sole with Lobster White Wine Butter Sauce

Baked Fillet of Salmon with Raspberry Basil Butter

Seared Salmon Pomegranate Cumin Glaze & Toasted Pistachios

Almond Crusted Tilapia with Tomatoes, Olives, Garlic, Lemon and Olive Oil

Pan Seared Mahi Mahi Mandarin Orange Mojo

Sesame Crusted Fillet of Salmon Soy Ginger Butter

Oven Roasted Swordfish with Capers, Green Olives and Roasted Peppers

Grilled Swordfish with Grilled Pineapple and Black Bean Salsa

Grilled Swordfish Basil Coconut Red Curry Sauce

Baked White Fish Fresh Crabmeat and Chesapeake Spice Butter Sauce

DESSERT

Chef's Choice Dessert Table

All Items Subject to 22% Service Charge and 6% Sales Tax

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LUNCHES ON THE GO

**(Please select a choice of two sandwiches to be offered to your guest,
each guest will choose one of the offered sandwiches)**

All Boxed Lunches include Chips, Whole Fruit and Chef's Choice of Cookies and
Brownies and Choice of Soft Drink or Bottled Water

ROAST BEEF and SWISS CHEESE

Horseradish Sauce, Sliced Tomatoes and Crisp Greens

GRILLED CHICKEN SANDWICH

Honey Mustard, Aged Cheddar Cheese,
Sliced Tomatoes and Crisp Greens

TURKEY and AGED CHEDDAR CHEESE

Dijon Mayo, Sliced Tomatoes and Crisp Greens

GRILLED VEGETABLE with HUMMUS

Grilled Vegetables with Sliced Tomatoes, Crisp Greens,
And Hummus

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